



PAGPS PHILADELPHIA AREA
GROUP PSYCHOTHERAPY
SOCIETY

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AREA GROUP
PSYCHOTHERAPY
SOCIETY**



**29TH ANNUAL
HOLIDAY
EVENT**



***Beyond Nuts and Bolts:
The Inner Work of Starting a Group***
Presenter: Caryn Rothauser, LCSW-CGP

SATURDAY, DECEMBER 14, 2024, 5:00–8:00PM

CE-Granting Presentation Will Run from 5:45 to 6:45PM

Networking from 7:00 to 8:00PM

PLEASE JOIN US FOR AN EVENING OF SOCIALIZING, NETWORKING, AND SHARING FOOD AND REFRESHMENTS AT THE HOME OF OUR GRACIOUS MEMBERSHIP CHAIR GWENN PRINBECK.

Whether experienced or new, the complexity and richness of starting a new group is unique to each leader. Family of origin dynamics, fantasies, and life experiences that motivate us to start groups can support or hinder our efforts. Group trainings offer unique opportunities to develop desires and also to uncover inner obstacles to starting and leading groups. Understanding the leader's pre-group material can increase freedom to experiment, and to focus more on the group patient's clinical material than on that of the group leader's. This conversation will provide participants an opportunity to explore their motivations, resistances and desires that come into play when imagining and starting new groups.

Caryn Rothauser, LCSW-CGP has been working as a psychotherapist with individuals, couples and groups for 20 years. She earned an MSW from New York University and holds post-graduate certificates in Psychodynamic Psychotherapy from the National Institute of the Psychotherapies, Couples and Family Therapy from the Ackerman Institute for the Family, and Modern Group Leadership from the Center for Group Studies. Caryn currently enjoys providing individual and group supervision for both new and experienced clinicians, and is a recent transplant to Media PA from Manhattan, and is looking forward to building a local network of colleagues who are also excited by the power of group.



Learning Objectives:

- List three common sources of inner obstacles to starting a new group
- Explain how hidden fantasies can interfere with our efforts to grow

1 CE credit for Psychologists, Social Workers, Marriage & Family Therapists, & Professional Counselors
This program is FREE to attend.

Guests are welcome. Reservations are requested because space is limited. Refreshments will be provided! Please check our website for more details: <https://www.pagps.org>

ABOUT PAGPS CONTINUING EDUCATION

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level. This program, when attended in its entirety, is available for 1 continuing education credit.

The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 1 CE credit.

Attendees can also receive 1 credit toward re-certification for the National Registry of Certified Group Psychotherapists (CGP). PAGPS is committed to accessibility and non-discrimination in its continuing education activities and will conduct its activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. To arrange accommodations for special needs, please contact us at pagpsgroup@gmail.com.

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organizations, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Philadelphia Area Group Psychotherapy Society ([pagps.org](http://www.pagps.org)), an affiliate of the American Group Psychotherapy Association (<http://www.agpa.org>), provides a forum for exchanging ideas, theories, studies, research, information, and experience in group psychotherapy. Members come from all over the Philadelphia region, including the city of Philadelphia and surrounding areas in Pennsylvania, New Jersey, and Delaware. Members may list their groups on the PAGPS website. For more information about joining PAGPS or renewing your membership, please visit our website at www.pagps.org, or e-mail us at pagpsgroup@gmail.com.