



PAGPS PHILADELPHIA AREA
GROUP PSYCHOTHERAPY
SOCIETY

**PHILADELPHIA
AREA GROUP
PSYCHOTHERAPY
SOCIETY**



**30TH ANNUAL
HOLIDAY
EVENT**



Beyond Words:

Embodied Pathways for Connection in Groups

Presenter: Christina Devereaux, PhD., LMHC, LPC, LCAT, BC-DMT, NCC

SATURDAY, DECEMBER 13, 2025, 5:00–8:00PM

CE-Granting Presentation Will Run from 5:45 to 6:45PM

Networking from 7:00 to 8:00PM

PLEASE JOIN US FOR AN EVENING OF SOCIALIZING, NETWORKING, AND SHARING FOOD AND REFRESHMENTS AT THE HOME OF OUR BOARD MEMBER, DR. FABIOLA DESMONT.

Nonverbal communication is often the most immediate and powerful form of group interaction. What happens when we consider these communications as active participants in group psychotherapy? Together, we will consider interaffectivity—the reciprocal resonance of bodies in groups — as a powerful resource for deepening therapeutic cohesion and uncovering implicit dynamics. Drawing from principles of dance/movement therapy, we will identify strategies to attune to the body in the room (through metaphor, gesture, and posture) and apply these insights to strengthen therapeutic interventions.

Dr. Devereaux has worked as a therapist, educator, supervisor, consultant, and trainer both nationally and internationally for over 20 years. She holds two faculty appointments including serving as Assistant Professor at Rider University in Department of Education, Leadership, and Counseling for the MA in Clinical Mental Health Counseling with Dance/Movement Therapy Concentration and as Visiting Associate Professor at the Pratt Institute in the Department of Creative Arts Therapies in Brooklyn, NY. Previously, she served as Associate Clinical Professor and Program Director for the Dance/Movement Therapy and Counseling MA program at Drexel University in Philadelphia, PA, and Associate Professor and Program Director for the Dance/Movement Therapy and Counseling MA program at Antioch University New England. Internationally she is on the program faculty at DMT training programs in China, Belgium, and New Zealand. She has post-graduate training in modern group process from the Center for Group Studies in NYC and has taught Group Dynamics and Processes in dance/movement therapy graduate programs for over 15 years. She served two terms as co-editor of the American Journal of Dance Therapy and was a two-time President's Award recipient from the American Dance Therapy Association (ADTA) for contributions to the profession. In addition to academic positions, she has a small private practice working with clients in Pennsylvania and New York.

www.christinadevereaux.com



Christina Devereaux, PhD.,
LMHC, LPC, LCAT, BC-DMT,
NCC (she/her)

1 CE for Psychologists, Social Workers, Marriage & Family Therapists, & Professional Counselors
This program is FREE to attend.

Guests are welcome. Reservations are requested because space is limited. Refreshments will be provided!
Please check our website for more details: <https://www.pagps.org/>

Learning Objectives:

By the end of this workshop, participants will be able to:

1. Identify at least three ways body-based metaphors, gestures, and posture might offer embodied pathways to verbal expression in therapeutic contexts.
2. Identify three forms of nonverbal communication in group psychotherapy and explain their role in shaping group dynamics.
3. Demonstrate strategies to attune to nonverbal expressions in a group setting.
4. Apply the concept of interaffectivity to attend to nonverbal exchanges in group psychotherapy and develop strategies for enhancing group cohesion.

ABOUT PAGPS CONTINUING EDUCATION

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level. This program, when attended in its entirety, is available for 1 continuing education credit.

The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 1 CE credit.

Attendees can also receive 1 credit toward re-certification for the National Registry of Certified Group Psychotherapists (CGP). PAGPS is committed to accessibility and non-discrimination in its continuing education activities and will conduct its activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. To arrange accommodations for special needs, please contact us at pagpsgroup@gmail.com.

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organizations, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Philadelphia Area Group Psychotherapy Society ([pagps.org](https://www.pagps.org)), an affiliate of the American Group Psychotherapy Association (<http://www.agpa.org>), provides a forum for exchanging ideas, theories, studies, research, information, and experience in group psychotherapy. Members come from all over the Philadelphia region, including the city of Philadelphia and surrounding areas in Pennsylvania, New Jersey, and Delaware. Members may list their groups on the PAGPS website. For more information about joining PAGPS or renewing your membership, please visit our website at <https://www.pagps.org/>, or e-mail us at pagpsgroup@gmail.com.